

# NZ Wild Goose Qigong Term 1 Schedule 2019

**Kunlun Dayan Qigong** - Meditative movement for overall health & longevity

**Chun Yuen Quan** - Faster-paced Shaolin Kungfu for energy, posture, & healthy joints



Authorised Instructor: Sifu Jennifer Leaf

## **MONDAYS - HASTINGS**

Anthroposophical Centre

Corner of Whitehead & Nelson Street  
or outside on the Steiner School grounds  
**DAYAN QIGONG 6-7PM**

## **WEDNESDAYS - NAPIER**

Port Ahuriri School Hall or School Green

Lever Street, Ahuriri  
**CHUN YUEN 6-6:45PM**  
**DAYAN QIGONG 7-8PM**

28 January	30 January
4 February	WAITANGI DAY -- 6 February – NO CLASS
11 February	13 February
18 February	20 February NO CLASS
25 February NO CLASS	27 February NO CLASS
4 March NO CLASS	6 March
11 March	13 March
18 March	20 March
25 March	27 March
1 April	3 April
8 April	10 April

**Fee Options: CASUAL FEE / CLASS: Qigong \$15 & Chun Yuen \$10 or BOTH = \$23**  
**SAVE WITH TERM FEES:**

MONDAYS  
QIGONG TERM FEE \$108 (\$12/CLASS)

CHUN YUEN TERM FEE \$72 (\$9/class)  
QIGONG TERM FEE \$96 (\$12/class)

**SPECIAL QIGONG offer: Term plus 1<sup>st</sup> year membership \$137**  
**or CHUN YUEN offer: Term plus 1<sup>st</sup> year membership \$120**  
**Attend both plus 1<sup>st</sup> year membership \$197**

*ANNUAL MEMBERSHIP FEE: \$60 (\$100 for family at same address). This is due before your 4<sup>th</sup> class and each year during month you originally became a member. Includes class shirt, seminar discounts, selected merchandise, and the opportunity to continue studying this amazing skill.*

**ONLINE PAYMENTS:** Jennifer Leaf **38 9015 0695627 00**

*\*If Jennifer has to cancel any of the above classes and you have paid a term fee, you will be refunded or credited for that class.*

Qi Works



Please keep your "Sifu" informed when you cannot attend class:

Call or txt 021 298 6740 or 06 835 6418 or email [jleaf@qiworks.nz](mailto:jleaf@qiworks.nz)

For more information [www.wildgooseqigong.nz](http://www.wildgooseqigong.nz) or [www.tsegigongcentre.com](http://www.tsegigongcentre.com)